

**CLAIMS**

What is claimed is:

- 5     1. An orthopedic anchor, comprising:  
          a biocompatible end unit segment; and  
          a biocompatible cable coupled with the end unit segment generally forming a “T”  
shape;  
          wherein the end unit segment folds against the cable for both the end unit  
10    segment and cable to fit through a hole, and the end unit segment can return to the “T”  
shape after passing through the hole to anchor the cable.
- 15    2. The orthopedic anchor of claim 1, wherein the orthopedic anchor has sufficient  
strength to withstand foreseeable pull forces experienced during use as an anchor for  
orthopedic implantation.
3. The orthopedic anchor of claim 1, wherein the end unit segment comprises a  
generally cylindrical shape.
- 20    4. The orthopedic anchor of claim 1, wherein the cable comprises a braided cable.
5. The orthopedic anchor of claim 1, wherein the cable couples with the end unit using  
at least one of a weld, a thermal bond, an adhesive, and a mechanical coupling.
- 25    6. The orthopedic anchor of claim 1, wherein the orthopedic anchor is formed at least  
partially of at least one of stainless steel and titanium.
- 30    7. The orthopedic anchor of claim 1, wherein the orthopedic anchor is configured to fit  
within a delivery conduit when the end unit segment is folded against the cable for  
implantation through the hole.

8. An orthopedic anchor, comprising:

a biocompatible end unit segment; and

a biocompatible cable coupled with the end unit segment to generally form a “T” shape;

5 wherein the end unit segment is foldable against the cable to fit within a delivery conduit for delivery of the orthopedic anchor through a hole, and the end unit segment can return to the “T” shape after implantation.

9. The orthopedic anchor of claim 8, wherein the orthopedic anchor has sufficient  
10 strength to withstand foreseeable pull forces experienced during use as an anchor for orthopedic implantation.

10. The orthopedic anchor of claim 8, wherein the end unit segment comprises a  
generally cylindrical shape.

15

11. The orthopedic anchor of claim 8, wherein the cable comprises a braided cable.

12. The orthopedic anchor of claim 8, wherein the cable couples with the end unit using  
at least one of a weld, a thermal bond, an adhesive, and a mechanical coupling.

20

13. The orthopedic anchor of claim 8, wherein the orthopedic anchor is formed at least  
partially of at least one of stainless steel and titanium.

14. An orthopedic anchor means, comprising:

25 a biocompatible end unit means; and

a biocompatible cable means coupled with the end unit segment generally  
forming a “T” shape;

wherein the end unit means folds against the cable means for both the end unit  
means and cable means to fit through a hole, and the end unit means can return to the  
30 “T” shape after passing through the hole to anchor the cable means.

15. The orthopedic anchor means of claim 14, wherein the orthopedic anchor has sufficient strength to withstand foreseeable pull forces experienced during use as an anchor for orthopedic implantation.
- 5 16. The orthopedic anchor means of claim 14, wherein the end unit means comprises a generally cylindrical shape.
17. The orthopedic anchor means of claim 14, wherein the cable means comprises a braided cable.
- 10 18. The orthopedic anchor means of claim 14, wherein the cable means couples with the end unit using at least one of a weld, a thermal bond, an adhesive, and a mechanical coupling.
- 15 19. The orthopedic anchor means of claim 14, wherein the orthopedic anchor means is formed at least partially of at least one of stainless steel and titanium.
- 20 20. The orthopedic anchor means of claim 14, wherein the orthopedic anchor means is configured to fit within a delivery conduit when the end unit means is folded against the cable means for implantation through the hole.